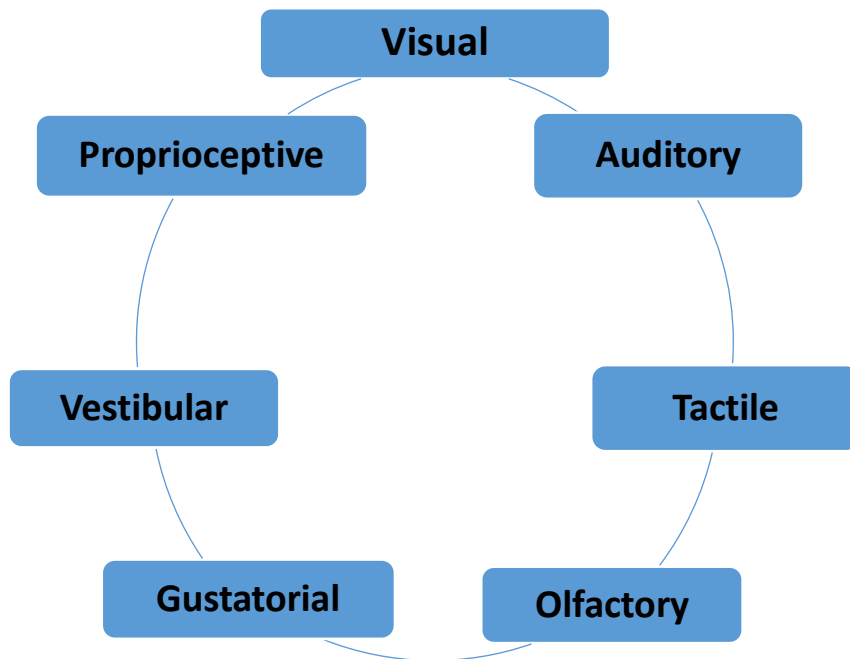




Key sensory areas

Sensory processing is our ability to take in information through our senses. We can then organise and interpret the information to respond meaningfully. There are seven different senses.



Visual / Sight

- Using eyes to focus, detect images and take in information through the eyes. Visual perception is how the brain processes images.

Auditory / Hearing

- Listening and hearing. It is how we perceive sound through vibrations, changes in pressure. Auditory processing is how the brain interprets and recognises sound.



Tactile / Touch

- (Also called somatosensory) – the perception that results from activating receptors in the skin.

Olfactory / Smell

- How we detect scent – begins in the nose.

Gustatory / Taste

- Our capability to detect different tastes through our taste buds, located on the upper surface of the tongue.

Vestibular / Balance

- Our perception of our bodies in relation to movement, balance and gravity.

Proprioceptive / Movement

- This helps us to know where are body parts are, how we are positioned in space and how we plan our movement.

Taken from:

<http://www.7senses.org.au/what-are-the-7-senses/>

<https://spdaustralia.com.au/the-seven-senses/>

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