



هيئة أبوظبي
للطفولة المبكرة
Abu Dhabi Early
Childhood Authority



Play all day!

Fun activities for every age
on World Play Day!



0-2 Years

Indoor:

- Sensory bins with various textures and objects,
- Playing with soft toys, bubble wrap popping
- Exploring with baby mirrors

Outdoor:

- Water play
- Tummy time on a picnic blanket
- Sidewalk chalk drawing
- Nature scavenger hunt



3-5 Years

Indoor:

- Building with blocks
- Imaginative play with dress-up clothes and puppets
- Learning with educational apps
- Co-cooking simple treats

Outdoor:

- Playing catch or kickball
- Jumping rope
- Playing with bubbles
- Gardening with child-sized tools



6-8 Years

Indoor:

- Board games or card games
- Making crafts or DIY projects
- Writing stories
- Creating comics
- Doing puzzles

Outdoor:

- Riding bikes
- Playing soccer or basketball
- Having a picnic
- Exploring with treasure hunts
- Playing chess

